Appendix V: Amputee Mobility Predictor (AMP) scoring form¹⁹

Amputee Mobility Predictor Questionnaire

hand 3 times (toes should rise).

Initial instructions: Testee is seated in a hard chair with arms. The following maneuvers are tested with or without the use of the prosthesis. Advise the person of each task or group of tasks prior to performance. Please avoid unnecessary chatter throughout the test. Safety first, no task should be performed if either the tester or testee is uncertain of a safe outcome. The Right Limb is: © PF © TT © KD © TF © HD © intact. The Left Limb is: © PF © TT © KD © TF © HD ©

intact.

1. Sitting balance: sit forward in a chair with arms Cannot sit upright independently for 60s =0folded across chest for 60s Can sit upright independently for 60s 2. Sitting reach: reach forward and grasp the ruler. =0Does not attempt (Tester holds ruler 12in beyond extended arms Cannot grasp or requires arm support =1midline to the sternum.) Reaches forward and successfully grasps item 3. Chair to chair transfer: 2 chairs at 900. Pt may Cannot do or requires physical assistance =0choose direction and use their upper extremities. Performs independently, but appears unsteady =1=2Performs independently, appears to be steady and safe Unable without help (physical assistance) 4. Arises from a chair: ask pt to fold arms across =0Able, uses arms/assist device to help chest and stand. If unable, use arms or assistive Able, without using arms =25. Attempts to arise from a chair (stopwatch ready): Unable without help (physical assistance) =0Able requires>1 attempt =1if attempt in no. 4was without arms then ignore Able to rise 1 attempt =2and allow another attempt without penalty. 6. Immediate standing balance (first 5s): begin Unsteady (staggers, moves foot, sways) =0timing immediately. Steady using walking aid or other support =1Steady without walker or other support =2=0Unsteady 7. Standing balance (30s) (stopwatch ready): For Steady but uses walking aid or other support =1items nos. 7 & 8, first attempt is without assistive Standing without support =2device. If support is required, allow after first 8. Single-limb standing balance (stopwatch ready): Nonprosthetic side time the duration of single limb standing on both Unsteady the sound and prosthetic limb up to 30s. Grade the Steady but uses walking aid or other support for 30s Single-limb standing without support for 30s quality, not the time. Prosthetic Side Sound side seconds Unsteady =0Steady but uses walking aid or other support for 30s =1Prosthetic side Single-limb standing without support for 30s seconds 9. Standing reach: reach forward and grasp the =0Does not attempt Cannot grasp or requires arm support on assistive ruler.(Tester holds ruler 12in beyond extended arm(s) midline to the sternum.) device Reaches forward and successfully grasps item no =2support 10. Nudge test (subject at maximum position #7): Begins to fall =0with feet as close together as possible, examiner Staggers, grabs, catches self, or uses assistive device =1pushes firmly on subject's sternum with palm of =2

Content has been exerpted from Gailey RS, Roach KE, Applegate EB, et al. The amputee mobility predictor: an instrument to assess determinants of the lower-limb amputee's ability to ambulate. *Arch Phys Med Rehabil*. 2002;83(5):613-627.

11. Eyes closed far maximum position #7] if support is required and santestage. 12. Picking up objects off the floor (pick up a pencil off the floor placed midline 12m in front of food. 13. Sitting down: ask pt to fold arms across chest and sit If funable, use arm or assistive device. 14. Initiation of gait (immediately after told to "go") 15. Step length and height: walk a measured distance of 12ft twice (up and back). Four scores are required or 2 scores (a & B) for each leg. "Marked deviation" is defined as extreme substrate movements to permit of bearing the floor. 15. Total clearance 16. Step continuity. 17. Turning: 1800 turn when returning to chair. 18. Variable cadence: walk a distance of 12ft fist as safely as possible 4 times. (Speeds may vary from slow to fast and fast to slow, varying cadence). 18. Variable cadence: walk a distance of 12ft fist as safely as possible 4 times. (Speeds may vary from slow to fast and fast to slow, varying cadence). 19. Stepping over obstacle: place a movable box of 4m in height in the walking path. 20. Stairs (must have at least 2 stepp) by to goule and down these stairs without holding onto the oil align. Dut the state to permit pit to hold onto the railing of an assistive device of massistive device is mandation; 21. Assistive device selection: add points for the use of an assistive device is mandation; 22. Assistive device selection: add points for the use of an assistive device is mandation; 23. Assistive device is mandation; 24. Assistive device selection: add points for the use of an assistive device is mandation; 25. Total 26. Step cover without prosthesis @ with prosthesis 27. Assistive device is mandation; 28. Tital @ no prosthesis @ with prosthesis 29. Abbreviation: PF, partial foot, TI, transibial, KD, knee disarticulation;					
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Steps over without interrupting stride = 2 20. Stairs (must have at least 2 steps): try to go up and down these stairs without holding on to the railing. Don't hesitate to permit pt to hold on to rail. Safety first, if examiner feels that any risk in involved omit and score as 0. Steps over without interrupting stride = 2 Ascending Unsteady, cannot do = 0 One step at a time, or must hold onto the railing or = 2 device Descending Unsteady, cannot do = 0 One step at a time, or must hold onto the railing or device = 1 Steps over step, does not hold onto the railing or device = 1 Steps over step, does not hold onto the railing or = 2 device Bed bound = 0 Wheelchair = 1 Walker = 2 Ascending Unsteady, cannot do = 0 One step at a time, or must hold on to railing or device = 1 Steps over step, does not hold onto the railing or = 2 device Bed bound = 0 Wheelchair = 1 Walker = 2 Crutches (axillary or forearm) = 3 Cane (straight or quad) = 4 None = 5 Total Score 4 K level =			= 1		
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One step at a time, or must hold on to railing or device = 1 Steps over step, does not hold onto the railing or device = 1 Steps over step, does not hold onto the railing or device = 1 Steps over step, does not hold onto the railing or device = 1 Steps over step, does not hold onto the railing or device = 1 Steps over step, does not hold onto the railing or device = 1 Steps over step, does not hold onto the railing or device = 1 Steps over step, does not hold onto the railing or device = 1 Steps over step, does not hold onto the railing or device = 1 Steps over step, does not hold onto the railing or device = 1 Steps over step, does not hold onto the railing or device = 1 Steps over step, does not hold onto the railing or device = 1 Steps over step, does not hold onto the railing or device = 1 Steps over step, does not hold onto the railing or device = 1 Steps over step, does not hold onto the railing or device = 1 Steps over step, does not hold onto the railing or device = 1 Steps over step, does not hold onto the railing or device = 1 Steps over step, does not hold onto the railing or device = 1 Steps over step, does not hold onto the railing or device = 1 Steps over step, does not hold onto the railing or device = 1 Steps over step, does not hold onto the railing or device = 1 Steps over step, does not hold onto the railing or device = 1 Steps over step, does not hold onto the railing or device = 1 Steps over step, does not hold onto the railing or device = 1 Steps over step, does not hold onto the railing or device = 1 Steps over step, does not hold onto the railing or device = 1 Steps over step, does not hold onto the railing or device = 1 Steps over step, does not hold onto the railing or device = 1 Steps over step, does not hold onto the railing or device = 1 Steps over step, device in the step in t	20. Stairs (must have at least 2 steps): try to go up	Ascending			
rail. Safety first, if examiner feels that any risk in involved omit and score as 0. Steps over step, does not hold onto the railing or device Descending Unsteady, cannot do 0 = 0 One step at a time, or must hold onto the railing or device = 1 Steps over step, does not hold onto the railing or device = 1 Steps over step, does not hold onto the railing or device = 1 Steps over step, does not hold onto the railing or device = 1 Steps over step, does not hold onto the railing or device = 1 Steps over step, does not hold onto the railing or device = 1 Steps over step, does not hold onto the railing or device = 1 Steps over step, does not hold onto the railing or device = 1 Steps over step, does not hold onto the railing or device = 1 Steps over step, does not hold onto the railing or device = 1 Steps over step, does not hold onto the railing or device = 1 Steps over step, does not hold onto the railing or device = 1 Steps over step, does not hold onto the railing or device = 1 Steps over step, does not hold onto the railing or device = 1 Steps over step, does not hold onto the railing or device = 1 Steps over step, does not hold onto the railing or device = 1 Steps over step, does not hold onto the railing or device = 1 Steps over step, does not hold onto the railing or device = 1 Steps over step, does not hold onto the railing or device = 1 Steps over step, does not hold onto the railing or device = 1 Steps over step, device in such that the step is device in such that the step	and down these stairs without holding on to the	Unsteady, cannot do	= 0		
device Descending Unsteady, cannot do One step at a time, or must hold on to railing or device = 1 Steps over step, does not hold onto the railing or = 2 device 21. Assistive device selection: add points for the use of an assistive device if used for 2 or more items. If testing without prosthesis use of appropriate assistive device is mandatory. AMPPRO AMPnoPro KO N/A 0-8 K1 15-26 9-20 K2 27-36 21-28 K3 37-42 29-36 K4 43-47 37-43 Trial © no prosthesis © with prosthesis Observer	railing. Don't hesitate to permit pt to hold on to	One step at a time, or must hold on to railing or device	= 1		
Unsteady, cannot do = 0 One step at a time, or must hold on to railing or device = 1 Steps over step, does not hold onto the railing or = 2 device 21. Assistive device selection: add points for the use of an assistive device if used for 2 or more items. If testing without prosthesis use of appropriate assistive device is mandatory. AMPPro AMPnopro Crutches (axillary or forearm) = 3 Cane (straight or quad) = 4 None = 5 Total Score /47 K evel = Trial © no prosthesis © with prosthesis Observer /47 K evel =		* *	= 2		<u></u>
One step at a time, or must hold on to railing or device = 1 Steps over step, does not hold onto the railing or = 2 device 21. Assistive device selection: add points for the use of an assistive device if used for 2 or more items. If testing without prosthesis use of appropriate assistive device is mandatory. AMPPro AMPnopro K0 N/A 0-8 K1 15-26 9-20 K2 27-36 21-28 K3 37-42 29-36 K4 43-47 37-43 Trial © no prosthesis © with prosthesis Observer Muster must hold onto the railing or = 2		Descending			
Steps over step, does not hold onto the railing or		Unsteady, cannot do	= 0		
device device device device selection: add points for the use of an assistive device fused for 2 or more items. If testing without prosthesis use of appropriate assistive device is mandatory. Walker = 2		One step at a time, or must hold on to railing or device	= 1		
of an assistive device if used for 2 or more items. If testing without prosthesis use of appropriate assistive device is mandatory. MAMPPRO AMPNOPRO		* *	= 2		
Walker	21. Assistive device selection: add points for the use	Bed bound	= 0		
assistive device is mandatory. Crutches (axillary or forearm)		Wheelchair	= 1		
AMPPro AMPnoPro Cane (straight or quad) = 4			= 2		
K0 N/A 0-8 None = 5 K1 15-26 9-20 Secore K1 K2 27-36 21-28 Total Score K2 K4 43-47 37-43 K level = K level = Trial © no prosthesis © with prosthesis Observer Mone = 5	assistive device is mandatory.	· · · · · · · · · · · · · · · · · · ·	= 3		
K0 N/A 0-8 K1 15-26 9-20 K2 27-36 21-28 K3 37-42 29-36 K4 43-47 37-43 Total Score	AMPPro AMPnoPro		-		
K1 15-26 9-20 K2 27-36 21-28 K3 37-42 29-36 K4 43-47 37-43 Total Score /47 K level =	KO N/A 0-8	None	= 5		 -
K2 27-36 21-28 K3 37-42 29-36 K4 43-47 37-43 Total Score					
K3 37-42 29-36 Total Score K level = K4 43-47 37-43 K level = 47					
Trial © no prosthesis © with prosthesis Observer			=		
Trial © no prosthesis © with prosthesis Observer		Score/47			
Date Abbreviation: PF, partial foot; TT, transtibial; KD, knee disarticulation:		Observer			
	Date	Abbreviation: PF, partial foot: TT, transtibial: KD knee dis	articu!	lation:	

TF, transfemoral; HD, hip disarticulation; Pt, patient.

Content has been exerpted from Gailey RS, Roach KE, Applegate EB, et al. The amputee mobility predictor: an instrument to assess determinants of the lower-limb amputee's ability to ambulate. *Arch Phys Med Rehabil*. 2002;83(5):613-627.