

Phases of amputee rehabilitation: Modified from Esquenazi & Meier<sup>2</sup> cited in Esquenazi<sup>1</sup>

Lp.	Phase	Hallmark
1	Pre-operative	Assess body condition, patient education, surgical level discussion, postoperative prosthetic plans
2	Amputation Surgery/Reconstruction	Length, myoplastic closure, soft tissue coverage, nerve, handling, rigid dressing
3	Acute Post-surgical	Wound healing, pain control, proximal body motion, emotional support
4	Pre-prosthetic	Shaping, shrinking, increase muscle strength, restore patient locus of control
5	Prosthetic Prescription	Team consensus on prosthetic prescription and fabrication
6	Prosthetic Training	Increase prosthetic wearing and functional utilization
7	Community Integration	Resumption of roles in family and community activities. Emotional equilibrium and healthy coping strategies. Recreational activities
8	Vocational Rehabilitation	Assess and plan vocational activities for future. May need further education, training or job modification
9	Follow-up	Life-long prosthetic, functional, medical assessment and emotional support

1. Esquenazi A. Amputation rehabilitation and prosthetic restoration: from surgery to community reintegration. *Disability and Rehabilitation*, 2004; 26,(14/15); 831–6.

2. Esquenazi A, Meier RH. Rehabilitation in limb deficiency. 4. Limb amputation. *Arch Phys Med Rehabil*. 1996 Mar;77(3 Suppl):S18-28.